

Allegheny Mountain Collegiate Conference  
**SAAC Committee**  
Meeting Minutes  
Sunday, March 25, 2012 – Pitt-Greensburg  
Sunday, April 1, 2012 – Medaille College

In attendance (North)

Paul Hedkie, Hilbert  
James Knapp, Hilbert  
Bryan Proch, Medaille  
Robyn Stanley, Medaille  
Gabrielle Lathrop, D'Youville  
Angela Poblocki, D'Youville  
Jeff Sports, D'Youville  
Patrick St. Andrews, Penn St. Behrend  
Alex Myers, Penn St. Behrend  
Danielle Zeamer, Pitt-Bradford

In attendance (South)

Katherine Golebie, La Roche  
Jeff Dailey, La Roche  
Luca Farina, Mount Aloysius  
John Wiley, Mount Aloysius  
Marina Cotarelo, Penn St. Altoona  
Brittany Jackson, Pitt-Greensburg  
David Coradi, Pitt-Greensburg  
Joey Schlueter, Franciscan

1. Call to order: The meeting was called to order at 12:30pm
2. Campus Updates: SAAC reps shared the activities that SAAC was involved in on each of their campuses, including athletics-related issues and community service.
3. Special Olympics: Many SAACs were involved in fundraising and participative events with Special Olympics. The AMCC is going to sponsor a “Polar Plunge Challenge” to all SAACs in 2012-13.
4. NCAA Convention Report: The students who attended (Schlueter, Lathrop, Myers plus Rebecca Elensky) shared information on their experience at the NCAA convention. They expressed an interest in sending SAAC reps to all AMCC administrator meetings in the future.
5. NCAA Conference Grant: The SAAC reps were pleased with the presentation on nutrition by Leslie Bonci in the fall. Ledwin indicated that there would likely be a campus by campus event to kick off Division III Week in 2013 that would focus on defining success and the D3 student-athlete experience.

She also noted that Janet Judge will be the guest speaker at the November SAAC meeting. She will be addressing the topic of social media and student-athlete responsibility.

6. Energy Drinks: Athletic trainers (Missy Cremeens, UPG and Brenda Dean, Medaille) gave presentations on the perils and illegality (by NCAA rule) of ingesting sports energy drinks.

7. Guest Speaker: Bobby Audley closed the meetings with a session called “Make Up Your Mind,” which focused on personal goal setting.

Respectfully submitted,  
Donna Ledwin  
AMCC Commissioner and SAAC Advisor